



RECOMMIT - Train the trainer event

UCLan Cyprus, 09/01-10/01/2024

The Train the Trainer event organized by Uclan Cyprus for the project RECOMMIT – woRksitE COMMUnlcaTion, proved to be an enriching experience for all participants. The event, held from January 9th to January 10th, 2024, brought together trainers, experts, and enthusiastic participants for two days of insightful sessions.

Day 1: January 9, 2024

The event commenced with a warm welcome and an insightful introduction to the course and program theory by Dr. Vasiliki Christodoulou from UCLan Cyprus. Engaging lessons covering Civic Values and Personal Information were delivered, setting the foundation for the immersive learning experience.

Dr. Louis Nisiotis explored innovative approaches to learning through Virtual Reality (VR) training, adding a dynamic and interactive dimension to the event. Following that, participants were given the chance to delve into the VR tool, to navigate the virtual environment associated with the modular curriculum of the project under the guidance of Dr. Nisiotis.

Day 2: January 10, 2024

Dr. Carmen Hortensia Bora, from the University of Oradea, shared valuable insights into effective listening skills, interpersonal boundaries, and making requests.

Dr. Gabriel Roseanu, from the University of Oradea, provided a deep dive into the intricacies of social decision-making, offering participants a comprehensive understanding of this critical skill.

Dr. Maria Petridou, Lecturer of Clinical Psychology at Theological School of the Church of Cyprus, explored prosocial responses and conflict resolution, addressing crucial aspects of workplace communication.

The event concluded with Dr. Louisa Michael, Special Educational Staff at Theological School of the Church of Cyprus, reinforcing Civic Values, ensuring a holistic and impactful learning experience.



Co-funded by
the European Union



The success of the Train the Trainer event can be attributed to the dedicated facilitators, Dr. Vasiliki Christodoulou and Dr. Louis Nisiotis. Special appreciation goes to Dr. Olga Solomontos-Kountouri, Professor of Developmental Psychology, for her invaluable support in executing the event. Their commitment, coupled with the active participation of attendees, created an environment conducive to learning and growth.

A heartfelt thank you to everyone who contributed to making this event a resounding success. Stay connected for more updates on the transformative journey of Project RECOMMIT!

About Project RECOMMIT:

Project RECOMMIT is a 24-month Erasmus+ Project (2022-1-CY01-KA220-ADU-000088959), addressing the need to support occupational wellbeing for pre-release detainees preparing for community reintegration using Virtual Reality (VR) technology. The project focuses on the reintegration of offenders into society by enhancing their workplace interpersonal skills.

For more information about Project RECOMMIT, please visit <https://recommit-project.eu/> or follow us on social media Recommit- worksite communication project (<https://www.facebook.com/recommiteu>).